Volume 7 | Issue 9 | 2026

CENTRAL MASS EMS
REGION 2

# CMEMSC Newsletter

## REGION II RESPONDER

## It's Pumkin Time Again

Our CMED Operators and Staff are a talented bunch when it comes to multitasking and organizing chaos, but they are also super creative. Check out the pumpkins from this year's decorating contest. We hope you enjoy them as much as we did! Thank you to everyone that voted in person and on Facebook. I don't know how you choose a favorite between these!

Thank you to Stones Throw Farm in West Boylston for supplying us with the pumpkins.

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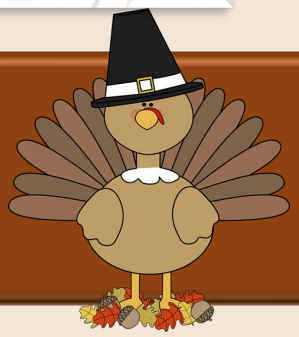


CENTRAL MASSACHUSETTS
EMERGENCY MEDICAL SYSTEMS CORPORATION
MDPH DESIGNATED REGION II EMS COUNCIL
361 HOLDEN STREET - HOLDEN - MA 01520

# 10th Annual EMS Training Officers Workshop

**If you coordinate EMS training for your organization—or aspire to—you won't want to miss this workshop**

## Friday, November 20, 2026; 0900-1500

We have a great line up again this year, with a slightly different twist this time around. There will be several short teaching segments interspersed between round table and breakout sessions. Our goal this year is for the workshop to be very interactive and for each training officer to come away with their department training plan for the next year. Some of the subjects we will cover are below.

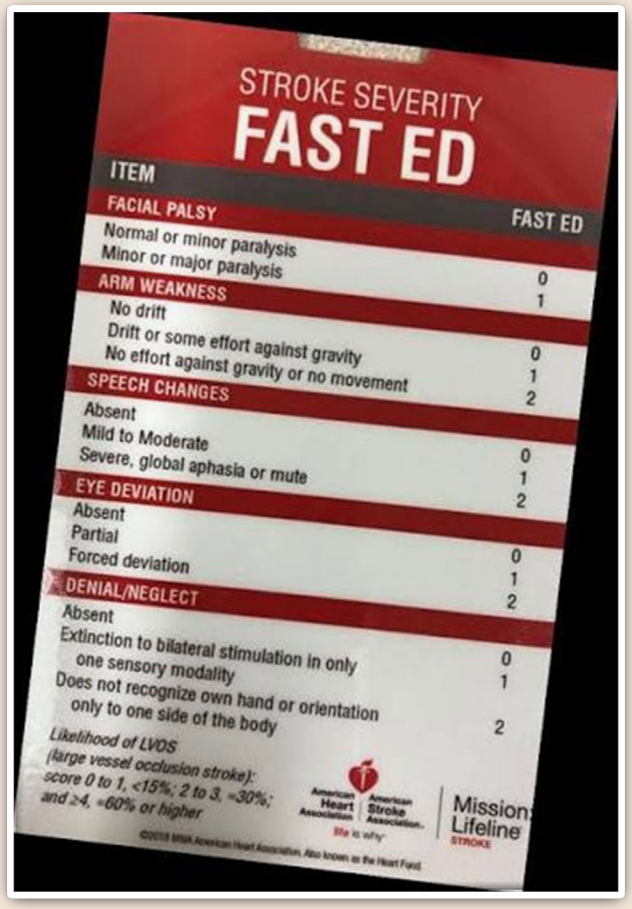
- **Lesson Plan and Training Calendar Development Based on**
  - State Mandated Trainings
  - NCCR Requirements
  - AHMD Requirements/MD Options
  - QA/QI Driven Trainings
- **Scenario-based Learning**
- **Balancing Online Versus In-Person Training**

**Registration is required. Click or scan the QR Code.**

**Registration closes Friday November 13th.**

**Need more information? 508-854-0111 • information@cmemsc.org**

# Reminder About ePCRs & Documenting FAST ED




During meetings and various conversations throughout the course of our work, we look for trends to see where we could improve training, offer new opportunities, or even where simple reminders are needed. One trend we continue to see and hear about is that providers are not documenting or communicating their patient's FAST-ED score as reliably as they should. For several years, EMS trained on the FAST-ED score, but it didn't make a difference on our destination and wasn't utilized beyond our paperwork. It can make a difference now. But even if a bypass is not considered, it is an important tool to document in your ePCR. It is required to have this field since the last update of AR5-403 Statewide EMS Minimum Data Set, though it won't necessarily be mandatory to complete your report. Hospital staff are looking for the score in the patient records. It is also

important to include in your **CMED Stroke Alert** along with the patient's **last known well time**. There are a lot of easy-to-use tools available for EMS to assess a FAST ED score. A worksheet is included in OEMS Stroke Protocol 2.18. A printable copy of the worksheet is HERE for your convenience. The AHA offers the one above and you might find printed badges from local hospitals too.

# Announcing CMED's First Annual Toys for Tots Drive!

Operator Scott had the idea to reach out to Toys for Tots and designate CMED as an official drop off spot. How could you say no to that? So, this holiday season, we are coming together to help make the holidays a little brighter for children in need. We are asking for your support in making our first annual drive a success by donating a new, unwrapped toy. Every donation, big or small, can make a meaningful difference and help bring smiles to children and families in our community. Let's come together as an EMS community to spread kindness, generosity, and holiday cheer! So, if you are attending a meeting or training here, or just in the area, stop in with your toy donation.

Thank you in advance for your generosity and support as we kick off this new CMED tradition.

**Details:**

**Collection Location:** Worcester CMED

**Donation Deadline**: December 4th

**Donations Accepted**: New, unwrapped toys

TOYS FOR TOTS®

# Arthur J. Glatfelter Fire & Emergency Services Scholarship Foundation

This may be more fire-based but we know that half of our EMS providers are cross-trained. Check out this opportunity.

Fire and emergency services professionals dedicate their careers to protecting our communities. Their specialized training, expertise, and leadership play a vital role in keeping our neighborhoods safer and building stronger, more resilient communities.

As the demands of emergency response continue to evolve, access to education and professional development is more important than ever. The Arthur J. Glatfelter Fire & Emergency Services Scholarship Foundation helps make that opportunity possible by providing scholarships that enable fire and emergency services professionals to advance their education, strengthen their leadership skills, and reach their full career potential.

Scholarship applications are now open!

Visit glatfelterscholarshipfoundation.org to learn more about our mission, history, scholarship opportunities, and eligibility requirements.

**Available Scholarships:**

- Fire Officer (Levels I-IV) | Up to $500 for each level
- National Fire Protection Association Certifications | Up to $500
- Center for Public Safety Excellence Credentials | Cost of First Credential Awarded (Max $500)
- Associate degree | $500 per class
- Bachelor's Degree | $1,000 per class
- Master's Degree | $1,200 per class
- PhD in Emergency Management or Fire Science | $1,500 per class

### Applications due December 12, 2026

glatfelterscholarshipfoundation.org

**Investing in Those Who Answer the Call**

Apply Online Today!

# CMED's Call of the Month

This month's standout wasn't necessarily funny but certainly made you question if you heard it right. An ambulance made an entry note for a 9-year-old coming from school with ETOH. Yes, 9! A little while later 3 additional patients were brought in from the same school, ages 6, 7, and 10. Sadly they were not getting drunk with knowledge!

"Thankfulness is the quickest path to joy."
– Jefferson Bethke

# Let's Play - Where's Petey?!?

You will find Petey, our famous EMS cat hidden throughout the newsletter, sometimes once but maybe more. If you find him, send an email and let us know where you spotted him. Before the next newsletter issue, we will randomly select one of the respondents to receive a little prize and acknowledgement in the next newsletter. Remember he could be hiding anywhere!

Last month Petey joined us in person (for real) for the Mental Health First Aid class. Since he is our emotional support cat, I guess that was good. He isn't always a nonjudgemental listener, so he needed the class! EMT **Jennifer Cote** spotted him right away this month.

Join the fun! If you spot Petey in this issue, simply send an email with his location(s) to information@cmemsc.org and there could be some goodies in the mail for you too.