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CENTRAL MASS EMS
REGION 2

CMEMSC Newsletter

REGION II RESPONDER

It's Recertification Time

If you are one of the early birds that has all your continuing education requirements completed already, you can recertify now. The recertification window is open. The benefit to early recertification is that you can begin accumulating con-ed credits as soon as your renewal is complete, and your new expiration date is published on the NREMT website. Remember, each EMS provider is responsible for the accuracy of the course information that is assigned on their profile. Another important reminder is that there are 2 steps to the recertification process. You must submit your education on the NREMT site and pay their fee as well as submit your application on the MA Health Licensing site and pay the state fee. If you have questions or need assistance, please reach out to the office.

2026 EMS Training Officers Workshop

Every year we look forward to the EMS Training Officers Workshop. From the feedback we get, so do you. We are excited to bring this back for the 10th consecutive year. A key focus this year will be tools and templates to help plan and conduct NCCR bundles, lesson plans to cover all your state required training and tips to keep your training fresh, relevant and engaging. There will be a few short lectures but the majority of the day will panel discussions, breakout sessions and round table Q&A. Our goal is to have participants leave with a training plan (or revised one) for their department. Real, useful tools that work for you.

Mark your calendar now for Friday, November 20, 2026, from 0900-1500. Hope to see you there!

You are welcome to sign up now so you are guaranteed a seat. **Scan or click the QR code.** Lunch is provided for a small fee and that information will be sent to attendees.

Early sign up will also help us decide if we need to move to a bigger venue. We want as many as possible to gain the benefit from this workshop. Check out the full, shareable flyer on the next page.

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CENTRAL MASSACHUSETTS
EMERGENCY MEDICAL SYSTEMS CORPORATION
MDPH DESIGNATED REGION II EMS COUNCIL
361 HOLDEN STREET - HOLDEN - MA 01520

10th Annual EMS Training Officers Workshop

If you coordinate EMS training for your organization—or aspire to—you won't want to miss this workshop

Friday, November 20, 2026; 0900-1500

We have a great line up again this year, with a slightly different twist this time around. There will be several short teaching segments interspersed between round table and breakout sessions. Our goal this year is for the workshop to be very interactive and for each training officer to come away with their department training plan for the next year. Some of the subjects we will cover are below.

- **Lesson Plan and Training Calendar Development Based on**
  - State Mandated Trainings
  - NCCR Requirements
  - AHMD Requirements/MD Options
  - QA/QI Driven Trainings
- **Scenario-based Learning**
- **Balancing Online Versus In-Person Training**

Sign up early as seating is limited. Click or scan the QR Code.

Need more information? 508-854-0111 • information@cmemsc.org

Central Mass EMS and CMED were honored to participate in the Worcester Regional Airport Full-scale exercise again year. On September 23rd staff provided victim moulage, evaluation support and response. Large-scale exercises are intensive to coordinate but the training is invaluable.

Mental Health First Aid Training at Central Mass EMS

In mid-September, Shrewsbury Youth & Family Services reached out about holding a Mental Health First Aid Training at our facility. They had some money left on a grant and offered the full day course if we could pull together some public safety personnel that were interested. We were excited to pretty well fill the class in just a few days. The tools presented were practical for use in the back of the ambulance as well as in daily interacts with family, friends or co-workers. That grant cycle is closed but we look forward to other opportunities to bring relevant topics and quality training to our EMS providers in the future.

Another Field Delivery and Stork Pin Presentation

Another successful field delivery was celebrated in Phillipston recently with Athol Fire ALS crew joining in too. We got to present stork pins and meet the happy new family. It is always a welcome change to be part of a happy event like this instead of the our patient's worst day.

Behind every emergency call is a human being carrying the weight of what they've experienced. *PTSD911*, a powerful documentary highlighting the mental health and substance abuse challenges faced by first responders.

Directed by Conrad Weaver, *PTSD911* gives first responders a platform to share their experiences with **post-traumatic stress disorder (PTSD), Substance Abuse,** and the **emotional toll of repeatedly witnessing crisis, tragedy, and loss**. View the documentary trailer at: https://youtu.be/iRq6rOy6qLM?si=g_Qh3AlxnKv7hIqy

Behind every emergency call is a human being carrying the weight of what they've experienced. *PTSD911*, a powerful documentary highlighting the mental health and substance abuse challenges faced by first responders.

From **9-1-1 dispatchers and firefighters to paramedics and law enforcement officers**, these professionals face traumatic and high-stress situations as part of their daily work. But what happens when the emergency is over—and the memories remain?

We are excited to announce that CMEMSC has received a grant from **GWCF**. Stay tuned for details about our project: **Improving EMS Maternal Care: Imminent Delivery and Care of the Newly Born**

PTSD 911 Film Screening and Panel Discussion

Hosted by: District Attorney Joseph Early and Recovery Centers of America RESCU
Address: 9 Village Inn Road, Westminster, MA
Price: Complimentary

Date: Tuesday October 27th
Time: 10:00am-12:00pm
Register Now:
https://forms.cloud.microsoft/g/z8dFDM1zuP

Let's Play - Where's Petey?!?

You will find Petey, our famous EMS cat hidden throughout the newsletter, sometimes once but maybe more. If you find him, send an email and let us know where you spotted him. Before the next newsletter issue, we will randomly select one of the respondents to receive a little prize and acknowledgement in the next newsletter. Remember he could be hiding anywhere!

Last month Petey had top see what all the fuss was about in Westborough and could be seen peeking out of the Westborough Fire truck. Several people found him. We did a random draw and **Derek Luftus** from **Reading Fire** Was our lucky winner.

Join the fun! If you spot Petey in this issue, simply send an email with his location(s) to information@cmemsc.org and there could be some goodies in the mail for you too.